

FINAL Timetable: as at 16/11/2021

Track Events					Field Events			
10:45AM	4x1500m	Masters	Female/Male 50+	Timed Final	11:00AM			
11:10PM	4x1500m	Masters	Male 30-49	Timed Final		3xLong Jump	U14/U18/Open	Female
11:30PM	4x1500m	Masters	Female 30-49	Timed Final		2xLong Jump	Ambulant	Female
						3xDiscus Throw	U16/U20/Masters	Female
12:15PM	4x100m	Masters	Male	Timed Final	01:00PM	3xShot Put	U14/U18/Open	Female
12:25PM	4x100m	Masters	Female	Timed Finals		2xShot Put	Ambulant	Female
12:35PM	4x100m	Open	Male	Timed Final				
12:50PM	4x100m	Open	Female	Timed Final		3xDiscus Throw	U16/U20/Masters	Male
01:05PM	4x100m	U20	Male	Timed Final				
01:15PM	4x100m	U20/U18	Female	Timed Final		2xLong Jump	Ambulant	Male
01:25PM	4x100m	U18	Male	Timed Final	03:00pm	3xLong Jump	U14/U18/Open	Male
01:35PM	4x100m	U16	Male	Timed Final				
01:50PM	4x100m	U16	Female	Timed Final				
02:05PM	4x100m	U14	Male	Timed Final		3xDiscus Throw	U14/U18/Open	Male
02:20PM	4x100m	U14	Female	Timed Final				
02:35PM	2x100m	Ambulant/Wheelchair	Male/Female	Timed Final				
					05:00pm			
						3xLong Jump	U16/U20/Masters	Female
03:00PM	4x400m	Masters	Male	Timed Final				
03:10PM	4x400m	Masters	Female	Timed Finals		3xDiscus Throw	U14/U18/Open	Female
03:20PM	4x400m	Open	Male	Timed Final				
03:35PM	4x400m	Open	Female	Timed Final		3xShot Put	U16/U20/Masters	Male
03:45PM	4x400m	U20/U18	Male	Timed Final				
03:55PM	4x400m	U20/U18	Female	Timed Final				
04:05PM	4x400m	U16	Male	Timed Final				
04:15PM	4x400m	U16	Female	Timed Final				
04:25PM	4x400m	U14	Male	Timed Final				
04:35PM	4x400m	U14	Female	Timed Final				
04:45PM	2x400m	Ambulant/Wheelchair	Male/Female	Timed Final				
05:15PM	4x800m	Open	Male	Timed Final				
05:30PM	4x800m	Open/U20/U18	Female	Timed Final				
05:45PM	4x800m	U20/U18	Male	Timed Final				
06:00PM	4x800m	U16	Male	Timed Final				
06:15PM	4x800m	U16	Female	Timed Final				
06:30PM	4x800m	U14	Male	Timed Final				
06:45PM	4x800m	U14	Female	Timed Final				